

## WILD FLOWERS AND TREES ON ASHDOWN FOREST

The Ashdown Forest Flora was published in 1996 and stands as a complete record of the status of every higher plant growing on the Forest. However, as the Flora is no longer in print, below is included a comprehensive list (excluding some of the identified hybrids and aggregates) of the higher plants found in the Forest area (roughly, the area included within the ancient pale)

The status of each plant is added as an indication of its rarity:

- A = Abundant (most 1 km squares occupied)  
F = Frequent (approx. half of the squares occupied)  
O = Occasional (approx. one quarter of the squares occupied)  
S = Scattered (approx. a dozen of the squares occupied)  
R = Rare (approx. one to three squares occupied)

(Botanical names have been used to avoid the confusion of common names)

- |                                    |                                 |
|------------------------------------|---------------------------------|
| <i>Acer campestre</i> O            | <i>Acer platanoides</i> O       |
| <i>Acer pseudoplatanus</i> A       | <i>Achillea millefolium</i> A   |
| <i>Adoxa moschatellina</i> R       | <i>Aegopodium podagraria</i> A  |
| <i>Aesculus hippocastanum</i> O    | <i>Aethusa cynapium</i> R       |
| <i>Agrimonia eupatoria</i> F       | <i>Agrimonia procera</i> R      |
| <i>Agrostis canina</i> A           | <i>Agrostis capillaris</i> A    |
| <i>Agrostis gigantea</i> F         | <i>Agrostis stolonifera</i> A   |
| <i>Agrostis vineallis</i> O        | <i>Aira caryophyllea</i> R      |
| <i>Aira praecox</i> F              | <i>Ajuga reptans</i> A          |
| <i>Alcea rosea</i> R               | <i>Alchemilla mollis</i> S      |
| <i>Alisma plantago-aquatica</i> S  | <i>Alliaria petiolata</i> F     |
| <i>Allium paradoxum</i> R          | <i>Allium triquetrum</i> R      |
| <i>Allium ursinum</i> S            | <i>Alnus cordata</i> R          |
| <i>Alnus glutinosa</i> A           |                                 |
| <i>Alopecurus geniculatus</i> S    | <i>Alopecurus myosuroides</i> R |
| <i>Alopecurus pratensis</i> F      | <i>Amelanchier lamarckii</i> R  |
| <i>Anacamptis pyramidalis</i> R    | <i>Anagallis arvensis</i> O     |
| <i>Anagallis minima</i> R          | <i>Anagallis tenella</i> S      |
| <i>Anemone nemorosa</i> A          | <i>Angelica sylvestris</i> F    |
| <i>Anthemis cotula</i> R           | <i>Anthoxanthum odoratum</i> A  |
| <i>Anthriscus sylvestris</i> A     | <i>Antirrhinum majus</i> R      |
| <i>Aphanes inexpectata</i> S       |                                 |
| <i>Apium nodiflorum</i> R          | <i>Aponogeton distachyos</i> R  |
| <i>Aquilegia vulgaris</i> S        | <i>Arabidopsis thaliana</i> O   |
| <i>Arctium lappa</i> R             | <i>Arctium minus</i> O          |
| <i>Arenaria serpyllifolia</i> R    | <i>Armoracia rusticana</i> R    |
| <i>Arrhenatherum elatius</i> A     | <i>Artemisia vulgaris</i> O     |
| <i>Arum italicum</i> R             | <i>Arum maculatum</i> F         |
| <i>Asplenium adiantum-nigrum</i> R | <i>Asplenium ruta-muraria</i> R |
| <i>Asplenium trichomanes</i> R     | <i>Aster</i> R                  |

*Athyrium filix-femina* A  
*Atriplex patula* F  
*Avena fatua* R  
*Barbarea inermis* R  
*Bellis perennis* A  
*Beta vulgaris*  
*Betula pendula x pubescens* R  
*Bidens cernua* R  
*Brachypodium sylvaticum* F  
*Brassica napus* S  
*Briza media* S  
*Bromus hordeaceus* A  
*Bromus ramosus* S  
*Bryonia dioica* R  
*Buxus sempervirens* R  
*Calla palustris* R  
*Callitriche obtusangula* R  
*Callitriche stagnalis* F  
*Caltha palustris* S  
*Calystegia sepium* F  
*Campanula rotundifolia* S  
*Capsella bursa-pastoris* O  
*Cardamine flexuosa* A  
*Cardamine x fringsii* R  
*Carduus crispus* R  
*Carex binervis* A  
*Carex caryophylla* O  
*Carex demissa* F  
*Carex echinata* F  
*Carex laevigata* F  
*Carex nigra* S  
*Carex otrubae* R  
*Carex ovalis* A  
*Carex paniculata* R  
*Carex pilulifera* A  
*Carex pulicaris* R  
*Carex riparia* R  
*Carex sylvatica* O  
*Carpinus betulus* F  
*Catapodium maritimum* R  
*Centaurea cyanus* R  
*Centaurea nigra* A  
*Centaurium pulchellum* R  
*Centunculus minimus*  
*Cerastium glomeratum* A  
*Ceratocloa carinata* R  
*Ceterach officinarum* R  
*Atriplex hastata* F  
*Avena sativa* S  
*Ballota nigra* R  
*Barbarea vulgaris* R  
*Berberis thunbergii* R  
*Betula pendula* A  
*Betula pubescens* A  
*Blechnum spicant* A  
*Borago officinalis* R  
*Brassica rapa* R  
*Bromopsis erecta* R  
  
*Bromus sterilis* S  
*Buddleja davidii* O  
  
*Callitriche hamulata* S  
*Callitriche platycarpa* R  
*Calluna vulgaris* A  
  
*Calystegia silvatica* S  
*Cannabis sativa* R  
*Cardamine amara* S  
*Cardamine hirsute* F  
*Cardamine pratensis* A  
*Carex acutiformis* R  
*Carex hirta* O  
*Carex curta* R  
*Carex divulsa* O  
*Carex flacca* F  
*Carex muricata* R  
*Carex x boeninghausiana* R  
*Carex panicea* F  
*Carex pallescens* S  
*Carex pendula* F  
*Carex pseudocyperus* R  
*Carex remota* F  
*Carex spicata* R  
*Carex vesicaria* S  
*Castanea sativa* A  
*Catapodium rigidum* R  
*Centaurea montana* R  
*Centaurium erythraea* A  
*Centranthus ruber* R  
*Cerastium fontanum* A  
*Ceratocarpus claviculata* R  
*Ceratophyllum demersum* R  
*Chaenorhinum minus* R

*Chamaecyparis lawsoniana* S  
*Chamerion angustifolium* A  
*Chenopodium album* F  
*Chenopodium polysperum* O  
*Chrysosplenium oppositifolium* O  
*Cicendia filiformis* R  
*Circaea lutetiana* A  
*Cirsium dissectum* S  
*Cirsium vulgare* A  
*Clinopodium vulgare* S  
*Conopodium majus* A  
*Convolvulus arvensis* O  
*Cornus sanguinea* S  
*Coronopus didymus* O  
*Corydalis claviculata*  
*Corylus avellana* A  
*Crassula helmsii* R  
*Crataegus monogyna* A  
*Crepis capillaris* A  
*Crepis vesicaria* R  
*Crocus vernus* R  
*Cuscuta epithymum* O  
*Cynosurus cristatus* F  
*Cytisus scoparius* A  
*Dactylorhiza fuchsii* F  
*Dactylorhiza maculata* F  
*Daphne laureola* R  
*Deschampsia cespitosa* A  
*Digitalis purpurea* A  
*Drosera intermedia* R  
*Dryopteris affinis* A  
*Dryopteris carthusiana* F  
*Dryopteris filix-mas* A  
*Eleocharis multicaulis* O  
*Eleogiton fluitans* S  
*Elodea canadensis* R  
*Elymus caninus* R  
*Elytrigia repens* F  
*Epilobium obscurum* F  
*Epilobium hirsutum* F  
*Epilobium montanum* A  
*Epilobium palustre* R  
*Epilobium roseum* R  
*Epipactis helleborine* R  
*Equisetum arvense* F  
*Equisetum palustre* S  
*Erica cinerea* A

*Chamaemelum nobile* R  
*Chelidonium majus* R  
*Chenopodium ficifolium* S  
*Chenopodium rubrum* O

*Cichorium intybus* R  
*Cirsium arvense* A  
*Cirsium palustre* A  
*Clematis vitalba* R  
*Conium maculatum* R  
*Convallaria majalis* R

*Cornus sericea* R  
*Coronopus squamatus* R  
*Corydalis lutea*  
*Cotoneaster spp.* S  
*Crataegus laevigata* S  
*C. laevigata x monogyna* S

*Crocosmia x crocosmiiflora* O  
*Cruciata laevipes* R  
*Cymbalaria muralis* R  
*Cyperus longus* R  
*Dactylis glomerata* A  
*Dactylorhiza incarnata* R

*Danthonia decumbens* A  
*Deschampsia flexuosa* A  
*Dipsacus fullonum* S  
*Drosera rotundifolia* O  
*Dryopteris aemula* R  
*Dryopteris dilatata* A  
*Duchesnea indica* R  
*Eleocharis palustris* S

*Elodea nuttallii* R

*Enkianthus* R  
*Epilobium ciliatum* F  
*Epilobium lanceolatum* R

*Epilobium parviflorum* O  
*Epilobium tetragonum* O  
*Epipactis purpurata* R  
*Equisetum fluviatile* O

*Erica tetralix* A

*Erigeron canadensis* R  
*Erodium cicutarium* R  
*Erysimum cheiranthoides* R  
*Euonymus europaeus* S  
*Euphorbia amygdaloides* O  
*Euphorbia lathyris* R  
*Euphrasia anglica* S  
*Euphrasia officinalis* O  
*Fallopia convulvulus*  
*Fallopia x bohemica* R  
*Festuca arundinacea* O  
*Festuca gigantea* O  
*Festuca ovina* A  
*Festuca pratensis* R  
*Filago minima* R  
*Filipendula ulmaria* S  
*Foeniculum vulgare* R  
*Fragaria vesca* O  
*Frangula alnus* A  
*Fumaria bastardii* R  
*Galanthus nivalis* S  
*Galeopsis bifida* S  
*Galeopsis tetrahit* O  
*Galium mollugo* S  
*Galium odoratum* R  
*Galium saxatile* A  
*Galium verum* O  
*Gaultheria shallon* S  
*Genista tinctoria* R  
*Gentianella*  
*Geranium endressii* R  
*Geranium molle* S  
*Geranium robertianum* A  
*Geum urbanum* A  
*Glyceria declinata* S  
*Glyceria maxima* R  
*Gnaphalium uliginosum* A  
*Gymnadenia conopsea* R  
*Hedera colchica* R  
*Helictotrichon pubescens* R  
*Heracleum mantegazzianum* R  
*Hieracium species* A  
*Holcus lanatus* A  
*Hordeum murinum* R  
*Humulus lupulus* O  
*Hyacinthoides hispanica* R  
*Hyacinthoides non-scripta* A

*Eriophorum angustifolium* O  
*Erophila verna* R

*Eupatorium cannabinum* O  
*Euphorbia helioscopia* S  
*Euphorbia peplus* O  
*Euphrasia nemorosa* O  
*Fagus sylvatica* A  
*Fallopia japonica* F  
*Fallopia sachalinensis* R  
*Festuca filiformis* F  
*Festuca lemanii* R

*Festuca rubra* A

*Filipendula vulgaris* R  
*Forsythia x intermedia* R

*Fraxinus excelsior* A  
*Fumaria muralis* R  
*Galanthus nivalis x plicatus* R

*Galium aparine* A

*Galium palustre* A  
*Galium uliginosum* R  
*Gaudinia fragilis* R  
*Genista anglica* F  
*Gentiana pneumonanthe* S  
*Geranium dissectum* F  
*Geranium lucidum* R  
*Geranium x oxonianum* S

*Glechoma hederacea* A  
*Glyceria fluitans* F  
*Glyceria notata* R  
*Gunnera manicata* R

*Hedera helix* A  
*Hesperis matronalis* R  
*Heracleum sphondylium* A  
*Hirschfeldia incana* R  
*Holcus mollis* A  
*Hordeum secalinum* S

*Hyacinthoides hispanica x non-scripta* S  
*Hydrocotyle vulgaris* F

*Hymenophyllum tunbrigense* R  
*Hypericum elodes* R  
*Hypericum humifusum* A  
*Hypericum tetrapterum* F  
*Ilex aquifolium* A  
*Impatiens glandulifera* O  
*Iris pseudacorus* O  
*Iris versicolor* R  
*Juglans regia* R  
*Juncus acutiflorus* A  
*Juncus articulatus* F  
*Juncus bulbosus* A  
*Juncus effusus* A  
*Juncus squarrosus* F  
*Kerria japonica* R  
*Kickxia spuria* R  
*Laburnum anagyroides* R  
*Lagarosiphon major* R  
*Lamium album* S  
*Lapsana communis* A  
*Larix kaempferi* R  
*Lathyrus linifolius* F  
*Lathyrus nissolia* R  
*Laurus nobilis* R  
*Lemna minuta* R  
*Lemna trisulca* R  
*Leontodon hispidus* R  
*Leontodon taraxacoides* F  
*Leucanthemum x superbum* R  
*Leucanthemum vulgare* F  
*Ligustrum ovalifolium* R  
*Linaria purpurea* S  
*Linum catharticum* O  
*Listera ovata* S  
*Lolium multiflorum* S  
*Lonicera nitida* S  
*Lonicera periclymenum* A  
*Lotus pedunculatus* A  
*Lunaria annua* R  
*Luzula campestris* A  
*Luzula forsteri* R  
*Luzula multiflora* A  
*Luzula pilosa* F  
*Lychnis chalconica* R  
*Lycopodiella inundatum* R  
*Lycopus europaeus* O  
*Lysimachia nemorum* A  
*Hypericum calycinum* R  
*Hypericum pulchrum* A  
*Hypochaeris radicata* A  
  
*Impatiens parviflora* S  
  
*Isolepis setacea* S  
  
*Juncus acutiflorus x articulatus* S  
*Juncus bufonius* A  
*Juncus conglomeratus* A  
*Juncus inflexus* S  
*Juncus tenuis* A  
*Kickxia elatine* R  
  
*Lactuca serriola* S  
*Lamiastrum galeobdolon* O  
*Lamium purpureum* O  
*Larix decidua* S  
*Larix x eurolepis* R  
*Lathyrus latifolius* R  
*Lathyrus pratensis* A  
*Lemna minor* S  
  
*Leontodon autumnalis* A  
  
*Lepidium sativum* R  
  
*Leycesteria formosa* R  
*Ligustrum vulgare* O  
*Linaria vulgaris* R  
*Linum usitatissimum* R  
*Lobelia erinus* R  
*Lolium perenne* A  
  
*Lotus corniculatus* A  
*Lotus uliginosus*  
*Lupinus x regalis* R  
*Luzula congesta* O  
  
*Luzula x borreri* R  
*Luzula sylvatica* S  
*Lychnis flos-cuculi* O  
  
*Lysichiton americanus* R  
*Lysimachia nummularia* S

*Lysimachia punctata* S  
*Lythrum portula* O  
*Mahonia aquifolium* R  
*Malus sylvestris* F  
*Malva neglecta* R  
*Matricaria recutita* O  
*Medicago arabica* R  
*Medicago sativa* R  
*Melica uniflora* O  
*Mentha aquatica* F  
*Mentha aquatica x arvensis* R  
*Mentha requienii* R  
*Mentha x villosa* R  
*Mercurialis perennis* S  
*Milium effusum* R  
*Moehringia trinervia* F  
*Molinia caerulea* A  
*Montia sibirica* R  
*Myosotis arvensis* F  
*Myosotis discolor* S  
*Myosotis repens* S  
*Myosotis sylvatica* O  
*Myriophyllum alterniflorum* R  
*Myriophyllum spicatum* R  
*Narcissus poeticus* S  
*Nardus stricta* F  
*Nasturtium officinale*  
*Nuphar lutea* R  
*Odontites vernus* O  
*Oenothera glazioviana* S  
*Ophioglossum vulgatum* S  
*Oreopteris limbosperma*  
*Ornithopus perpusillus* R  
*Osmunda regalis* S  
*Oxalis articulata* R  
*Oxalis exilis* R  
*Oxalis stricta* R  
*Papaver somniferum* R  
*Pedicularis sylvatica* F  
*Pentaglottis sempervirens* R  
*Persicaria amphibia* R  
*Persicaria bistorta* R  
*Persicaria hydropiper* A  
*Persicaria maculosa* A  
*Petasites fragrans* S  
*Petasites japonicus* R  
*Phegopteris connectilis*

*Lysimachia vulgaris* R  
*Lythrum salicaria* R  
*Malus domestica* O  
*Malva moschata* S  
*Matricaria discoidea* A  
*Meconopsis cambrica* S  
*Medicago lupulina* F  
*Melampyrum pratense* F  
*Melissa officinalis* R

*Mentha arvensis* F  
*Mentha spicata* R  
*Menyanthes trifoliata* S

*Mimulus* R

*Montia fontana* R  
*Mycelis muralis* S

*Myosotis laxa* R  
*Myosotis scorpioides* S  
*Myosoton aquaticum* R  
*Myriophyllum aquaticum* R

*Narcissus pseudonarcissus* S  
*Narthecium ossifragum* F  
*Neottia nidus-avis* R  
*Nymphaea alba* O  
*Oenanthe crocata* O  
*Onoclea sensibilis* R  
*Orchis morio* R  
*Origanum vulgare* R  
*Orobanche major* R  
*Oxalis acetosella* A  
*Oxalis corniculata* R

*Papaver rhoeas* R  
*Pastinaca sativa* R

*Pernettya mucronata* R  
*Persicaria amlexicaulis* R  
*Persicaria campanulata* R  
*Persicaria lapathifolia* S

*Petasites hybridus* R  
*Phalaris arundinacea* S

*Phleum bertolonii* O  
*Phragmites australis* R  
*Picris echioides* S  
*Pilosella officinarum* F  
*Pimpinella saxifraga* O  
*Pinus sylvestris* A  
*Plantago coronopus* S  
*Plantago major* A  
*Poa annua* A  
*Poa pratensis* F  
*Poa trivialis* A  
*Polygala serpyllifolia* F  
*Polygonatum multiflorum x odoratum*  
*Polygonum arenastrum* F  
*Polygonum convolvulus* R  
*Polygonum polystachyum* R  
*Polypodium vulgare* S  
*Polystichum setiferum* S  
*Populus alba* R  
*Populus x canescens* R  
*Potamogeton berchtoldii* R  
*Potamogeton natans* F  
*Potentilla anglica* S  
*Potentilla anserine* A  
*Potentilla x mixta* S  
*Potentilla recta* R  
*Potentilla reptans* A  
*Primula x polyantha* R  
*Primula vulgaris* F  
*Prunus avium* A  
*Prunus domestica* O  
*Prunus lusitanica* R  
*Prunus serotina* R  
*Pseudofumaria lutea* R  
*Pseudosasa japonica* R  
*Pteridium aquilinum* A  
*Pyrus pyraeaster* R  
*Quercus petraea* R  
*Quercus petraea x robur* R  
*Quercus rubra* R  
*Ranunculus acris* A  
*Ranunculus bulbosus* F  
*Ranunculus flammula* A  
*Ranunculus lingua* R  
*Ranunculus peltatus* S  
*Ranunculus scleratus* R  
*Raphanus raphanistrum* R  
  
*Phleum pratense* A  
*Phyllitis scolopendrium* O  
*Pilosella aurantiaca* R  
*Picea abies* S  
*Pinus nigra* R  
  
*Plantago lanceolata* A  
*Plantathera chlorantha* R  
*Poa nemoralis* O  
*Poa subcaerulea* S  
  
*Polygala vulgaris* R  
*Polygonatum x hybridum* R  
*Polygonum aviculare* A  
  
*Polypodium interjectum* S  
*Polystichum aculeatum* R  
*Pontederia cordata* R  
*Populus x Canadensis* S  
*Populus tremula* F  
  
*Potamogeton polygonifolius* S  
  
*Potentilla erecta* A  
*Potentilla x suberecta* R  
  
*Potentilla sterilis* A  
*Primula veris* S  
*Prunella vulgaris* A  
*Prunus cerasifera* R  
*Prunus laurocerasus* O  
*Prunus persica* R  
*Prunus spinosa* A  
  
*Pseudotsuga menziesii* R  
*Pulicaria dysenterica* A  
*Quercus cerris* S  
  
*Quercus robur* A  
*Quercus ilex* R  
*Radiola linoides* R  
*Ranunculus ficaria* A  
*Ranunculus hirsutus* R  
*Ranunculus omiophyllus* S  
*Ranunculus repens* A  
  
*Reseda luteola* R

*Rhinanthus minor* R  
*Rhododendron luteum* S  
*Rhynchospora alba* S  
*Ribes rubrum* A  
*Ribes uva-crispa* O  
*Rorippa nasturtium-aquaticum* R  
*Rorippa sylvestris* R  
*Rosa canina* A  
*Rosa micrantha* S  
*Rosa x dumetorum* R  
*Rosa rubiginosa* R  
*Rosa stylosa* R  
*Rubus agg.* A  
*Rumex acetosella* A  
*Rumex conglomeratus* S  
*Rumex x pratensis* R  
*Rumex obtusifolius* A  
*Ruscus auleatus* R  
*Sagina procumbens* A  
*Salix alba* R  
*Salix caprea* A  
*Salix fragilis* O  
*Sambucus nigra* A  
*Sanicula europaea* O  
*Sasa palmata* R  
*Schoenoplectus lacustris* R  
*Scirpus sylvaticus* O  
*Scrophularia nodosa* A  
*Scutellaria galericulata x minor* O  
*Sedum album* R  
*Sedum telephium* R  
*Senecio aquaticus* R  
*Senecio x albescens* R  
*Senecio squalidus* R  
*Senecio viscosus* S  
*Serratula tinctoria* O  
*Sibthorpia europaea* R  
*Silene dioica* O  
*Silene latifolia* R  
*Sinapsis alba* R  
*Sison amomum* R  
*Smyrniololus olusatrum* R  
*Solanum nigrum* S  
*Solidago gigantea* R  
*Sonchus arvensis* F  
*Sonchus oleraceus* F  
*Sorbus aucuparia* A  
  
*Rhododendron ponticum* A  
*Ribes nigrum* O  
*Ribes sanguineum* R  
*Robinia pseudacacia* R  
*Rorippa x sterilis* R  
*Rosa arvensis* F  
*Rosa glauca* R  
*Rosa multiflora* R  
*Rosa x pseudorusticana* R  
  
*Rosa tormentosa* S  
*Rumex acetosa* A  
  
*Rumex crispus* A  
  
*Rumex sanguineus* A  
*Sagina apetala* O  
*Sagittaria latifolia* R  
*Salix aurita* A  
*Salix cinerea* A  
*Salix repens* F  
  
*Saponaria officinalis* R  
*Sasaella ramosa* R  
*Scirpus setaceus* S  
*Scrophularia auriculata* F  
*Scutellaria galericulata* R  
*Scutellaria minor* F  
*Sedum spurium* R  
*Senecio jacobaea* A  
*Senecio cineraria* R  
*Senecio erucifolius* O  
*Senecio sylvaticus* O  
*Senecio vulgaris* F  
*Sherardia arvensis* R  
*Silaum silaus* R  
  
*Silene vulgaris* R  
*Sinapsis arvensis* S  
*Sisymbrium officinale* O  
*Solanum dulcamara* F  
*Soleirolia soleirolii* S  
*Solidago virgaurea* F  
*Sonchus asper* A  
*Sorbus aria* R  
*Sorbus cuspidate* R



*Sorbus intermedia* R  
*Sparganium emersum* R  
*Spergula arvensis* R  
*Spergularia rubra* R  
*Spirea canescens* R  
*Spirea psuedosalicifolia* R  
*Spiranthes spiralis* R  
*Stachys arvensis* R  
*Stachys officinalis* O  
*Stachys sylvatica* A  
*Stellaria graminea* A  
*Stellaria media* A  
*Stratiotes aloides* R  
*Symphoricarpos albus* S  
*Symphytum x uplandicum* R  
*Symphytum officinale* R  
*Symphytum tuberosum* R  
*Tamus communis* F  
*Tanacetum vulgare* R  
*Taraxacum species* A  
*Thelypteris limbosperma* A  
*Thelypteris palustris* R  
*Thlaspi arvense* R  
*Thuja plicata* R  
*Thymus pulegioides* R  
*Tilia platyphyllos* R  
*Tragopogon pratensis* S  
*Trifolium campestre* R  
*Trifolium dubium* A  
*Trifolium medium* O  
*Trifolium pratense* A  
*Tripleurospernum inodorum* F  
*Trisetum flavescens* R  
*Tsuga heterophylla* R  
*Typha latifolia* O  
*Ulex gallii* R  
*Ulmus glabra* S  
*Ulmus procera* S  
*Urtica urens* R  
*Valeriana dioica* R  
*Valerianella carinata* R  
*Verbascum thapsus* S  
*Veronica agrestis* R  
*Veronica arvensis* O  
*Veronica chamaedrys* A  
*Veronica hederifolia* O  
*Veronica officinalis* F

*Sorbus torminalis* R  
*Sparganium erectum* O  
*Spergularia marina* R  
  
*Spirea douglasii* R  
  
*Spirodela polyrhiza* R  
*Stachys byzantina* R  
*Stachys palustris* S  
*Stellaria alsine*  
*Stellaria holostea* A  
*Stellaria uliginosa* F  
*Succisa pratensis* A  
*Symphoricarpos x chenaultii* R  
  
*Symphytum orientale* R  
*Syringa vulgaris* R  
*Tanacetum parthenium* S  
  
*Teucrium scorodonia* A  
*Taxus baccata* A  
*Thelypteris phegopteris* R  
*Tellima grandiflora* R  
  
*Tilia x vulgaris* R  
*Torilis japonica* O  
*Trichophorum cespitosum* F  
  
*Trifolium hybridum* R  
*Trifolium micanthrum* O  
*Trifolium repens* A  
*Triticum aestivum* R  
*Tropaeolum majus* R  
*Tussilago farfara* F  
*Ulex europaeus* A  
*Ulex minor* A  
  
*Urtica dioica* A  
*Vaccinium myrtillus* A  
*Valeriana officinalis* S  
*Valerianella locusta* R  
*Verbena officinalis* R  
  
*Veronica beccabunga* O  
*Veronica filiformis* F  
*Veronica montana* O

*Veronica persica* O  
*Veronica scutellata* R  
*Viburnum opulus* F  
*Viburnum rhytidiaphyllum* R  
*Vicia hirsuta* R  
*Vicia sativa* F  
*Vicia tetrasperma* S  
*Vinca minor* S  
*Viola palustris* F  
*Viola reichenbachiana x riviniana* S  
*Vulpia bromoides* O  
*Wahlenbergia hederacea*

*Veronica polita* R  
*Veronica serpyllifolia* A  
  
*Vicia cacca* A  
  
*Vicia sepium* O  
*Vinca major* R  
*Viola arvensis* R  
*Viola reichenbachiana* R  
*Viola riviniana* A  
*Vulpia myuros* R