

Summer Forest School on the Ashdown Forest 22nd and 23th August 2017



Thank you for your interest in the Summer Forest School. This is being run by Talking Trees on behalf of the Ashdown Forest Conservators.

The children will take part in creative and practical activities. There will be games, stories, woodland / nature crafts and food made round the fire plus discovery and learning about the animals and habitats of the Ashdown Forest.

Each day will run from 10am until 3.30pm. We will meet at and return to the Ashdown Forest Centre, Wych Cross, Forest Row, East Sussex, RH18 5JP details of how to find the Forest Centre can be found on the Ashdown Forest website <http://www.ashdownforest.org/enjoy/about.php>

Your child will need to bring a packed lunch, water to drink and a healthy snack. They will need a change of clothes and waterproof coat and trousers. Children need to wear long trousers and suitable footwear. In hot weather they will still need long trousers, a long sleeved t-shirt and closed toe shoes plus sun hat and sun cream. It is best to cover any open wounds with a waterproof plaster as we will be getting muddy.

The day will be cancelled in high winds or a storm in which case there will be a full refund. A cancellation of a booking can only be refunded if we can find someone to fill your place.

If you are going to be late for the drop off or pick up please phone us on 07920 520733 or call the Ashdown Forest Office on 01342 823583



Forest School practitioners teach basic woodland skills, the correct use of tools where relevant to an activity and an appreciation of the natural world. All Forest School practitioners are fully trained and hold a current First Aid certificate. Talking Trees Ltd has public liability insurance and all staff are CRB checked.

If you have any question call Lisa on 07920 520733

It is possible that there are ticks on the Ashdown Forest (although we have never found any in 6 years working on the Forest). If you do find a tick on your child remove it as soon as possible and read the following link to find out more about symptoms and treatment <http://www.nhs.uk/Conditions/Lyme-disease/Pages/Introduction.aspx> Suitable clothing i.e. long trouser and long sleeves helps reduce any risk of getting ticks

Payment can be made by cheques sent to Lisa Stevens at Sparrows Den, Horebeech Lane, Horam, TN21 0HR or dropped to the Ashdown Forest office. You can also bring cash to the Ashdown Forest Office. If you would like to pay by bank transfer please ask for details.

We do need to fill all the places in order to run the scheme to cover staff costs (we usually do this) but if this is looking unlikely we will let you know by Monday 7th August.

www.talkingtrees.org.uk

<https://www.facebook.com/talkingtreesnews>

<http://www.ashdownforest.org>

