

# Movement in Nature Workshops



## Part of **Calling in the Birds**

- a summer celebration welcoming the return of migrating birds.

Join choreographer Virginia Farman for a fun, outdoor workshop to build a deeper connection with nature. We will use the journey of migrating birds to inspire our movement in the beautiful setting of the Ashdown Forest .

## **Sunday 22nd and Saturday 28th April**

Ashdown Forest Centre, Wych Cross

10am—1pm

£10 per person (concessions available)

For further information contact  
[education@ashdownforest.org](mailto:education@ashdownforest.org) or call 01342 823583

For booking visit [Eventbrite.co.uk](https://www.eventbrite.co.uk)



[www.ashdownforest.org](http://www.ashdownforest.org)